

Hi I am \_\_\_\_\_ and I am an addict. We are here to bring a narcotics Anonymous meet into the jail. This is just like any other on the outside.

We are now going to open this meeting with the Serenity Prayer for those of you that would like to join in.

We have some readings that we read in our regular meeting if you would like to read please take one.

Ok we are will now tell you a little about ourselves and how we got here.

We will now go over steps 1,2, and 3 in the how it works. This is to give you a introduction into Narcotics Anonymous. Feel free to ask questions at any point. We are here to let you know that there is a better way of life in Narcotics Anonymous. And there are people in NA that will love you until you learn to love yourself.

**Please feel free to join in.**

### **Some Suggested Topics**

1. Any IP or selection from the Basic Text
2. H.O.W. (honesty, open-mindedness, and willingness)
3. Surrender
4. Acceptance
5. The basics (Don't use, meetings, phone numbers, literature, sponsor, and the steps)
6. H.A.L.T.S. (Don't get too: hungry, angry, lonely, tired, or serious)
7. Responsible for our own recovery
8. Freedom from active addiction
9. Identify rather than compare
10. Spiritual, not religious, program
11. Going to any lengths
12. Transition to the fellowship from treatment
13. Tools of the fellowship
14. Letting go
15. Feelings
16. Learning to trust
17. Giving up old playmates, playgrounds, and playthings
18. Living just for today
19. The first three steps
20. Denial
21. Reservations
22. Sponsorship